

For class placement, email all4onedance@yahoo.ca
CLASS SIZE is LIMITED. Scheduled Times may change
based on enrollment.
Classes Begin Monday, September 9th, 2024



**Indicates a class with prerequisite requirements:
 For tumbling, student must also be enrolled in acro.
 For lyrical-contemporary, student must also be enrolled in ballet.
 Adult Performance Troupes will learn and rehearse a routine to
 compete at 2 spring competitions & recital*

ALL 4 ONE DANCE Company CLASS SCHEDULE 2024-2025

STUDIO 1

Monday

4:45-5:15 Competitive Team
 5:15-6:00 Junior Ballet (7+)
 6:00-6:45 Competitive Team
 6:45-7:30 Youth Musical Theatre
 7:30-8:15 Junior/Youth Lyrical (8-11) *
 8:15-9:00 Adult Performance Troupe Open (21+) (Full Year)
 9:00-9:45 Adult Performance Troupe Tap (21+) (Full Year)

Tuesday

4:30-5:00 Competitive Team
 5:00-6:00 Competitive Team
 6:15-7:00 Inter/Teen Jazz
 7:00-7:45 Competitive Team
 7:45-8:45 Inter/Teen Ballet
 8:45-9:30 Competitive Team

Wednesday

5:15-6:00 First Steps (3-4)
 6:00-6:45 Competitive Team
 6:45-7:30 Junior Tap (7+)
 7:30-8:15 Junior Technique (7+)
 8:15-9:00 Youth Jazz

Thursday

5:15-6:00 Little Stars (5-6)
 6:00-6:45 Competitive Team
 6:45-7:30 Competitive Team
 7:45-8:30 Intermediate/Teen Hip Hop
 8:30-9:15 Competitive Team

Friday

5:00-5:30 Competitive Team
 5:45-6:30 Mini Hip Hop (5-7 years)
 6:30-7:15 Junior Hip Hop (8+)
 7:15-8:00 Competitive Team
 8:00-8:45 Junior Musical Theatre (7+)
 8:45-9:15 Competitive Team

Saturday

9:00-10:15 Competitive Team
 10:15-11:00 Little Stars (5-6)
 11:00-11:45 Junior Jazz (7+)
 12:00-12:45 Competitive Team
 12:45-1:30 Competitive Team
 1:45-2:30 Competitive Team
 2:30-3:15 Competitive Team

Sunday

10:00-1:00 Competitive Team - Specialty Group (twice per month)

STUDIO 2

4:30-5:00 Competitive Team
 5:00-6:00 Youth Acro
 6:00-6:30 Tumbling II *
 6:45-7:30 Competitive Team
 7:30-8:15 Competitive Team
 8:15-9:00 Youth Hip Hop

4:30-5:00 Competitive Team
 5:15-6:15 Intermediate Acro
 6:15-7:00 Pre-Senior Technique
 7:00-7:45 Intermediate/Teen Tap
 7:45-8:45 Teen/Sr Acro & Tumbling

4:30-5:00 Competitive Team
 5:00-6:00 Youth Ballet
 6:00-6:45 Competitive Team
 6:45-7:30 Youth Tap
 7:30-8:15 Youth Technique
 8:15-9:00 Competitive Team

4:30-5:15 Competitive Team
 5:15-6:00 Competitive Team
 6:00-7:00 Pre-Senior Ballet
 7:00-7:45 Pre-Senior Tap
 7:45-8:30 Competitive Team
 8:30-9:15 Competitive Team

5:00-5:30 Tumbling 1 *
 5:30-6:30 Junior Acro (8+)
 6:30-7:15 Mini Acro (5-7 years)
 7:15-8:00 Competitive Team
 8:00-8:45 Competitive Team

9:00-9:30 Competitive Team
 9:30-10:15 Competitive Team
 10:15-11:00 Conditioning (8-16)
 11:00-12:00 Inter/Teen Lyrical (12+)*
 12:00-12:45 Competitive Team
 1:00-1:45 Inter/Teen Mus. Theatre
 1:45-2:30 Inter/Teen Technique
 2:30-3:15 Competitive Team